

BREAKFAST AND LUNCH MENU

| ◀ Sep 2019 October 2019 Nov 2019 ▶ | | | | | | |
|---|--|--|---|---|---|-----------------------|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | 1 Sausage biscuit Pepperoni pizza, tossed salad, carrot sticks, peach slices and milk | 2 Breakfast pizza Beef nachos, lettuce/tomato, pinto beans, pears and milk | 3 Pancake on a stick Chicken strips, half baked potato, broccoli, apple slices and milk | 4 Biscuit w/gravy Hamburger on a bun, lettuce/tomato/pickles, oven fries, orange smiles and milk | |
| 6 Chicken crispsitos, seasoned corn, tossed salad, grapes and milk | 7 Super donut Chicken crispsitos, seasoned corn, tossed salad, grapes and milk | 8 Sausage biscuit Spaghetti w/meat sauce, tossed salad, green beans, peaches, breadstick and milk | 9 Banana bread Ham and cheese sandwich, lettuce/tomato/pickles, sweet potato fries, chocolate chip cookie, applesauce and milk | 10 Strawberry popart Chicken and rice, turnip greens, purplehull peas, roll, strawberries and milk | 11 Biscuit w/gravy B-B-Q sandwich, baked beans, coleslaw, banana and milk | 12 |
| 13 | 14 Blueberry muffin Corn dog, tater tots, blackeyed peas, mixed fruit and milk | 15 Sausage biscuit Chicken nuggets, macaroni and cheese, cooked carrots, apple wedges and milk | 16 Breakfast bites Beef taco w/cheese, lettuce/tomato/carrots, English peas, strawberries, ice cream and milk | 17 Super donut Chicken alfredo, tossed salad, cooked spinach, breadstick, pears and milk | 18 Biscuit w/gravy Hamburger on a bun, lettuce/tomato/pickles, baked chips, | 19 |
| 20 | 21 Super bun Chicken sandwich, lettuce/tomato, carrot sticks, chips, fresh fruit and milk | 22 Sausage biscuit Fish strips, coleslaw, French fries, hush puppies, apple wedge and milk | 23 Oatmeal bar Beef nachos, lettuce/tomato, pinto beans, pineapples and milk | 24 Chocolate chip muffin Chicken fried steak, creamed potatoes, broccoli salad, biscuit, banana and milk | 25 Biscuit w/gravy Hot dog on a bun, baked beans, oven fries, applesauce, cookie and milk | 26 |
| 27 | 28 Banana bread Pepperoni pizza, tossed salad, buttered corn, mandarin oranges and milk | 29 Sausage biscuit Chicken fajitas w/cheese, sauted onions and green peppers,, lettuce/tomatoes, pinto beans, grapes and milk | 30 Pancake on a stick Vegetable beef soup, cheese stick, garden salad, carrot sticks, applesauce, crackers and milk | 31 Breakfast pizza Meat loaf, sweet potatoes, green beans, roll, pears and milk | “THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER” | |

